

Life Skills

State Standard Number	State Standard Area/Description	Unit Name	Course Topic Description
	Life Work		
1	Makes effective use of basic tools.		
2	Uses various information sources to accomplish specific tasks.	Unit 6 “Caring About Your World”	Section 2 “Caring About Your Country and Community” Section 3 “Caring About Your Planet”
3	Manages money effectively.	Unit 2 “Thinking About Yourself”	Section 3 “Setting Your Goals”
4	Studies or pursues specific job interests.	Unit 2 “Thinking About Yourself”	Section 3 “Setting Your Goals” Section 4 “Making Plans”
5	Makes general preparation for entering the work force.	Unit 2 “Thinking About Yourself”	Section 3 “Setting Your Goals” Section 4 “Making Plans”
6	Makes effective use of basic life skills.	Unit 6 “Caring About Your World”	Section 2 “Caring About Your Country and Community” Section 3 “Caring About Your Planet”
7	Displays reliability and a basic work ethic.	Unit 2 “Thinking About Yourself”	Section 2 “Defining Your Character”
8	Operates effectively within organizations.	Unit 5 “Caring for your Relationships”	Section 3 “Being Part of a Team”
	Self-Regulation		
1	Sets and manages goals	Unit 2 “Thinking About Yourself”	Section 3 “Setting Your Goals”
2	Performs self-appraisal	Unit 2 “Thinking About Yourself”	Section 2 “Defining Your Character”
3	Considers risks	Unit 2 “Thinking About Yourself”	Section 4 “Making Plans”
4	Demonstrates perseverance	Unit 2 “Thinking About Yourself”	Section 3 “Setting Your Goals” Section 4 “Making Plans”
5	Maintains a health self-concept	Unit 2 “Thinking About Yourself”	Section 2 “Defining Your Character”

Life Skills

6	Restrains impulsivity	Unit 2 “Thinking About Yourself”	Section 2 “Defining Your Character”
	Thinking and Reasoning		
1	Understands and applies the basic principles of presenting an argument	Unit 3 “Thinking for Yourself”	Section 2 “Making Decisions”
2	Understands and applies basic principles of logic and reasoning	Unit 3 “Thinking for Yourself”	Section 2 “Making Decisions”
3	Effectively uses mental processes that are based on identifying similarities and differences	Unit 3 “Thinking for Yourself”	Section 3 “Evaluating Information”
4	Understands and applies basic principles of hypothesis testing and scientific inquiry	Unit 3 “Thinking for Yourself”	Section 3 “Evaluating Information”
5	Applies basic trouble-shooting and problem-solving techniques	Unit 3 “Thinking for Yourself”	Section 4 “Solving Problems”
6	Applies decision-making techniques	Unit 3 “Thinking for Yourself”	Section 2 “Making Decisions”
	Working with Others		
1	Contributes to the overall effort of a group	Unit 5 “Caring for your Relationships”	Section 3 “Being Part of a Team”
2	Uses conflict-resolution techniques	Unit 5 “Caring for your Relationships”	Section 4 “Resolving Conflicts”
3	Works well with diverse individuals and in diverse situations	Unit 5 “Caring for your Relationships”	Section 4 “Resolving Conflicts”
4	Displays effective interpersonal communication skills	Unit 5 “Caring for your Relationships”	Section 2 “Communicating Skillfully” Section 3 “Being Part of a Team”
5	Demonstrates leadership skills	Unit 2 “Thinking About Yourself”	Section 2 “Defining Your Character”