

Health

State Standard Number	State Standard Area/Description	Unit Name	Course Topic Description
HE.912.B.1.1	Verify the validity of health information, products, and services.		
HE.912.B.1.2	Compile data reflecting the accessibility of resources from home, school, and community that provide valid health information.	Social and Consumer Health	Government Agencies
HE.912.B.1.3	Evaluate the accessibility of products and services that enhance health.		
HE.912.B.1.4	Justify when professional health services or providers may be required.	First Aid and CPR	First Aid
HE.912.B.1.5	Critique valid and reliable health products and services.	Social and Consumer Health	Making Good Health Choices (services)
HE.912.B.1.6	Justify the validity of a variety of technologies to gather health information.		
HE.912.B.2.1	Explain skills needed to communicate effectively with family, peers, and others to enhance health.		
HE.912.B.2.2	Assess refusal, negotiation, and collaboration skills to enhance health and avoid or reduce health risks.	Human Sexuality	Dating and Sex
HE.912.B.2.3	Demonstrate strategies to prevent, manage, or resolve interpersonal conflicts without harming self or others.	Mental and Emotional Health	Understanding Emotions
HE.912.B.2.4	Analyze the validity of ways to ask for and offer assistance to enhance the health of self and others.		
HE.912.B.3.1	Determine the value of applying a thoughtful decision-making process in health-related situations.	Human Sexuality	Dating and Sex
HE.912.B.3.2	Examine barriers that can hinder healthy decision-making.		

Health

HE.912.B.3.3	Assess whether individual or collaborative decision-making is needed to make a healthy decision.		
HE.912.B.3.4	Generate alternatives to health-related issues or problems.	Throughout course	
HE.912.B.3.5	Appraise the potential short-term and long-term outcomes of each alternative on self and others.	Throughout course	
HE.912.B.3.6	Employ the healthiest choice when considering all factors in making a decision.	Throughout course	
HE.912.B.4.1	Evaluate personal health practices and overall health status to include all dimensions of health.		
HE.912.B.4.2	Formulate a plan to attain a personal health goal that addresses strengths, needs, and risks.		
HE.912.B.4.3	Implement strategies and monitor progress in achieving a personal health goal.		
HE.912.B.4.4	Formulate an effective long-term personal health plan.		
HE.912.C.1.1	Predict how healthy behaviors can affect health status.		
HE.912.C.1.2	Interpret the interrelationships of mental/emotional, intellectual, physical, and social health.	Mental and Emotional Health	Types fo Health
HE.912.C.1.3	Evaluate how environment and personal health are interrelated.	Preventing Disease	Chronic Disease

Health

HE.912.C.1.4	Analyze how heredity and family history can impact personal health.	Preventing Disease	Chronic Disease
HE.912.C.1.5	Propose strategies to reduce or prevent injuries and health problems.	Mental and Emotional Health Preventing Disease	Understanding Stress (health problems) Chronic Disease (preventing disease)
HE.912.C.1.6	Evaluate the relationship between access to health care and health status.	Social and Consumer Health	Making Good Health Choices
HE.912.C.1.7	Assess the degree of susceptibility to injury, illness or death if engaging in unhealthy/risky behaviors.	Human Sexuality Drug, Alcohol, and Alcohol Awareness	Dating and Sex All Sections
HE.912.C.1.8	Analyze strategies for prevention, detection, and treatment of communicable and chronic diseases.	Preventing Disease	Infectious and Non-infectious Diseases (preventions)
HE.912.C.2.1	Analyze how the family influences the health of individuals.	Mental and Emotional Health Drug, Alcohol, and Alcohol Awareness	Understanding Stress Illegal Drug Awareness
HE.912.C.2.2	Compare how peers influence healthy and unhealthy behaviors.		
HE.912.C.2.3	Assess how the school and community can affect personal health practice and behaviors.		
HE.912.C.2.4	Evaluate how public health policies and government regulations can influence health promotion and disease prevention.	Social and Consumer Health	Governmental Agencies
HE.912.C.2.5	Evaluate the effect of media on personal and family health.		
HE.912.C.2.6	Evaluate the impact of technology on personal, family, and community health.	Preventing Disease	Chronic Diseases

Health

HE.912.C.2.7	Assess the consequences of health risk behaviors.	Human Sexuality Drug, Alcohol, and Alcohol Awareness	Sexually Transmitted Diseases Illegal Drug Awareness
HE.912.C.2.8	Analyze how the perceptions of norms influence healthy and unhealthy behaviors.		
HE.912.C.2.9	Analyze how culture supports and challenges health beliefs, practices, and behaviors.		
HE.912.P.1.1	Analyze the role of individual responsibility in enhancing health.		
HE.912.P.1.2	Demonstrate a variety of healthy practices and behaviors that will maintain or improve health.	Mental and Emotional Health	Understanding Stress
HE.912.P.1.3	Critique a variety of behaviors that avoid or reduce health risks.		
HE.912.P.2.1	Utilize current, accurate data/information to formulate a health-enhancing message.	Preventing Disease	Infectious and Noninfectious Diseases
HE.912.P.2.2	Demonstrate how to influence and support others in making positive health choices.	Throughout course	
HE.912.P.2.3	Work cooperatively as an advocate for improving personal, family and community health.		
HE.912.P.2.4	Adapt health messages and communication techniques to a specific target audience.		